



Track and Field - 2014

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Cascade Collegiate Conference Track and Field Notes

LA GRANDE, Ore. - It's a light week in the Cascade Conference as it marks the last opportunity to qualify for the 2014 NAIA Indoor Track and Field Championship on March 6-8 in Geneva, Ohio.

Northwest, Evergreen and Concordia will be at the Warner Pacific 50/50 Meet on Saturday. Warner Pacific will also be in action on Sunday at the Pilot Indoor, hosted by University of Portland.

Evergreen will also be represented at the USA Track and Field Indoor Championship, where freshman Anthony Johnson will jump in the high jump.

Upcoming Schedule

Saturday, February 22

Northwest, Evergreen, Concordia at Warner Pacific 50/50 Meet
Evergreen at USATF Indoor National Championship

Sunday, February 23

Warner Pacific at Pilot Indoor



Red Lion Players of the Week

Red Lion is the official hospitality sponsor of the CCC

Women's Indoor Track

College of Idaho's Hillary Holt has been named the Red Lion Women's Indoor Track Athlete of the week.

Holt, a senior from Meridian, Idaho, had a banner close to the indoor regular-season, placing sixth in an elite field (only non-professional or BCS conference runner in race) of the mile run at the Husky Classic, recording the fastest mark in the NAIA (by 20 seconds) and crushing C of I's school record and hitting the USATF Indoor Nationals cut...followed it up by winning the 3,000-meters at the UW Open, breaking her own school record and running the 2nd-fastest time in the NAIA this season. Holt has now qualified for the NAIA Championships in the 800/mile/3000/4x400/DMR.

Men's Indoor Track

Eastern Oregon's Hans Roelle has been named the Red Lion Men's Indoor Track Athlete of the week.

Roelle, a junior from Anchorage, Alaska, won and hit the NAIA "A" standard in the 1,000 meter run. He finished the race in a time of 2:28.81, the fastest time in the 1,000 meter run in the NAIA this season. Roelle also anchored the 4x400 meter relay team that broke the school record for the third time this season. Roelle anchored the team to a first place finish in the race.

Women's Indoor Field

Eastern Oregon's Tali Fagen has been named the Red Lion Women's Indoor Field Athlete of the week.

Fagen, a sophomore from Fruitland, Idaho, broke the EOU school record in Pole Vault at the Boise State Team Challenge. Fagen vaulted 3.70 meters (12-1 1/2) to break her previous school record. Fagen's height of 3.70 meters is the highest vaulted height in the NAIA this season.

Men's Indoor Field

Concordia's Darien Moore has been named the Red Lion Men's Indoor Field Athlete of the Week.

Moore, a junior from Bakersfield, Calif., obliterated his previous season best with a 65-1/2 (20.08m) launch, adding more than a foot to his earlier record. In addition, Moore claimed the NAIA's top spot in the weight throw with a 60-2 (18.34m) heave. Moore currently leads the NAIA shot put by three feet and the weight throw by a full two feet.





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Around The Cascade Conference

College of Idaho - None Provided

Concordia - With just a couple of weeks before indoor nationals, Concordia juniors Matthew Clowes and Darien Moore continue to lead the NAIA in two events each. Clowes leads the NAIA in the mile (4:04.98) and the 3,000 (8:06.72) while Moore carries the national lead in the shot put (60-2, 18.34m) and the weight throw (65-10 1/2, 20.08m).

Corban - None Provided

Eastern Oregon - Hans Roelle hit the NAIA "A" standard in the 1,000 meter run at the Boise State Team Challenge. He ran a time of 2:28.81. Tali Fagen broke the school record in the pole vault for the second straight week as she vaulted 3.70 meters (12-1 1/2). For the third time this season, the EOU men's 4x400 meter relay team broke the school record.

Evergreen - Freshman high jumper will represent Evergreen, the Cascade Conference and the NAIA this weekend at the 2014 USA Track and Field Indoor Championships in Albuquerque, N.M. He is one of just four collegians in the field and is tied for seventh in the seeding.

Northwest - None Provided

Northwest Christian - None Provided.

Oregon Tech - The Oregon Tech teams will take this week off before competing in the Chico Multi-Event meet on Feb. 27th and 28th.

Southern Oregon - SOU's men's distance medley relay team, which returned everyone to defend an NAIA title, debuted at the Husky Classic and won with a qualifying time 30 seconds better than what it needed. Hitting automatic marks individually from that team were Eric Avila (men's mile), Kevin Jorgensen (men's mile) and Jonz Olander (400m). Junior Amelia Maguin joined three freshmen to qualify in the women's 4x400m relay.

Warner Pacific - Deborah O'Dell became the first Knights to qualify for indoor nationals, as the senior cleared the high jump bar at 1.62m (5-03.74) at the UW Open to make the NAIA "B" standard. Ka'imi Scott had a stellar day at the UW Open last Sunday, placing 2nd in both the 200m and 60m. His time of 6.96 in the 60m was .01 away from a national qualifying mark.



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2014 NAIA Indoor T&F Qualifiers (Downloaded from TFRRS.org on February 19)

200m (Women) NAIA A		25.60	NAIA B	26.00	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
RANK	ATHLETE									
NAIA B	23	Booth, Kadie			SR-4	Eastern Oregon	25.92 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
400m (Men) NAIA A		49.50	NAIA B	49.90						
NAIA A	4	Olander, Jonz			JR-3	Southern Oregon	48.96 #	UW Husky Classic 2013 Jacksons Open	02/14/14	02/15/14
NAIA A	11	Washington, Andre			SR-4	Concordia (Ore.)	49.33 #		12/13/13	12/14/13
400m (Women) NAIA A		58.90	NAIA B	59.90						
NAIA A	17	Maguin, Amelia			JR-3	Southern Oregon	58.21 #	UW Invitational Boise State Challenge Bronco Invite UW Indoor Open	01/31/14	02/01/14
NAIA A	26	Booth, Kadie			SR-4	Eastern Oregon	58.85 #		02/15/14	02/16/14
NAIA B	32	Sullivan, Megan			SO-2	Eastern Oregon	59.26 #		02/08/14	02/09/14
NAIA B	33	McDaniel, Ericka			SO-2	Northwest U.	59.27 #		02/16/14	02/17/14
600m (Men) NAIA A		1:21.44	NAIA B	1:22.80						
NAIA A	3	Washington, Andre			SR-4	Concordia (Ore.)	1:19.82 #	UW Indoor Preview Bronco Invite NB Boise Indoor Invite	01/18/14	01/19/14
NAIA A	8	Roelle, Hans			JR-3	Eastern Oregon	1:21.07 #		02/08/14	02/09/14
NAIA B	20	Hampton, Nick			SR-4	College of Idaho	1:22.49 #		01/24/14	01/27/14
600m (Women) NAIA A		1:37.90	NAIA B	1:38.90						
NAIA B	24	Hurd, Jasmine			SR-4	College of Idaho	1:38.41 #	Bronco Invite Bronco Invite Bronco Invite	02/08/14	02/09/14
NAIA B	25	Engelhardt, Jordan			SR-4	College of Idaho	1:38.49 #		02/08/14	02/09/14
NAIA B	26	Olivo, Irene			JR-3	Eastern Oregon	1:38.52 #		02/08/14	02/09/14
800m (Men) NAIA A		1:56.00	NAIA B	1:57.25						
NAIA A	4	Roelle, Hans			JR-3	Eastern Oregon	1:53.60 #	UW Invitational UW Husky Classic UW Indoor Preview UW Invitational UW Indoor Open Bronco Invite	01/31/14	02/01/14
NAIA A	6	Hampton, Nick			SR-4	College of Idaho	1:53.91 #		02/14/14	02/15/14
NAIA A	11	Clowes, Matthew			JR-3	Concordia (Ore.)	1:54.77 #		01/18/14	01/19/14
NAIA A	17	Rhodes, Demetrius			SO-2	Concordia (Ore.)	1:55.72 #		01/31/14	02/01/14
NAIA A	19	Jones, Wes			FR-1	Evergreen St.	1:55.82 #		02/16/14	02/17/14
NAIA B	24	Flores, DJ			JR-3	Eastern Oregon	1:56.13 #		02/08/14	02/09/14
800m (Women) NAIA A		2:19.00	NAIA B	2:20.50						
NAIA A	2	Holt, Hillary			SR-4	College of Idaho	2:13.95 #	Ed Jacoby Invite & Multi UW Invitational UW Invitational	01/31/14	02/02/14
NAIA A	13	Keane, Brianna			FR-1	Concordia (Ore.)	2:17.43 #		01/31/14	02/01/14
NAIA B	21	Collmer, Christa			FR-1	Concordia (Ore.)	2:19.42 #		01/31/14	02/01/14
1000m (Men) NAIA A		2:31.90	NAIA B	2:33.80						
NAIA A	1	Roelle, Hans			JR-3	Eastern Oregon	2:29.36 #	Boise State Challenge UW Indoor Open Boise State Challenge Boise State Challenge Boise State Challenge Boise State Challenge UW Indoor Preview UW Indoor Open	02/15/14	02/16/14
NAIA A	10	Hampton, Nick			SR-4	College of Idaho	2:30.45 #		02/16/14	02/17/14
NAIA A	13	Brown, Jasen			SR-4	Concordia (Ore.)	2:30.67 #		02/15/14	02/16/14
NAIA A	14	Rhodes, Demetrius			SO-2	Concordia (Ore.)	2:30.76 #		02/15/14	02/16/14
NAIA A	18	Flores, DJ			JR-3	Eastern Oregon	2:31.32 #		02/15/14	02/16/14
NAIA A	19	Updike, Isaac			JR-3	Eastern Oregon	2:31.40 #		02/15/14	02/16/14
NAIA B	28	Ferguson, Jonathan			SO-2	Northwest U.	2:33.13 #		01/18/14	01/19/14
NAIA B	30	Jones, Les			JR-3	Evergreen St.	2:33.27 #		02/16/14	02/17/14
1000m (Women) NAIA A		3:02.00	NAIA B	3:04.00						
NAIA A	11	Engelhardt, Jordan			SR-4	College of Idaho	3:01.31 #	Boise State Challenge Boise State Challenge	02/15/14	02/16/14
NAIA B	19	Collmer, Christa			FR-1	Concordia (Ore.)	3:02.97 #		02/15/14	02/16/14
Mile (Men) NAIA A		4:20.00	NAIA B	4:22.00						
NAIA A	1	Clowes, Matthew			JR-3	Concordia (Ore.)	4:04.98 #	UW Husky Classic UW Husky Classic UW Invitational UW Husky Classic Bronco Invite	02/14/14	02/15/14
NAIA A	3	Avila, Eric			SO-2	Southern Oregon	4:08.52 #		02/14/14	02/15/14
NAIA A	4	Flores, DJ			JR-3	Eastern Oregon	4:11.87 #		01/31/14	02/01/14
NAIA A	15	Jorgensen, Kevin			SO-2	Southern Oregon	4:17.70 #		02/14/14	02/15/14
NAIA A	16	Updike, Isaac			JR-3	Eastern Oregon	4:18.08 #		02/08/14	02/09/14
Mile (Women) NAIA A		5:12.00	NAIA B	5:14.00						
NAIA A	1	Holt, Hillary			SR-4	College of Idaho	4:37.96 #	UW Husky Classic Boise State Challenge UW Indoor Open UW Indoor Open UW Invitational	02/14/14	02/15/14
NAIA A	8	Klopfenstein, Lila			FR-1	College of Idaho	5:03.99 #		02/15/14	02/16/14
NAIA A	11	Johnson, Sarah			SR-4	College of Idaho	5:04.64 #		02/16/14	02/17/14
NAIA A	23	Klopfenstein, Sora			SR-4	College of Idaho	5:10.86 #		02/16/14	02/17/14
NAIA B	39	Whybark, Sarah			JR-3	Concordia (Ore.)	5:13.80 #		01/31/14	02/01/14



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2014 NAIA Indoor T&F Qualifiers (Continued)

3000m (Men) NAIA A 8:42.00 NAIA B 8:45.00

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 1	Clowes, Matthew	JR-3	Concordia (Ore.)	8:06.72 #	UW Invitational	01/31/14	02/01/14
NAIA A 7	Updike, Isaac	JR-3	Eastern Oregon	8:30.39 #	UW Invitational	01/31/14	02/01/14
NAIA A 17	Flores, DJ	JR-3	Eastern Oregon	8:36.25 #	NB Boise Indoor Invite	01/24/14	01/27/14
NAIA A 28	Alldrift, Eric	FR-1	Concordia (Ore.)	8:40.44 #	UW Indoor Preview	01/18/14	01/19/14

3000m (Women) NAIA A 10:30.00 NAIA B 10:35.00

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 2	Holt, Hillary	SR-4	College of Idaho	9:29.25 #	UW Indoor Open	02/16/14	02/17/14
NAIA A 8	Klopfenstein, Lila	FR-1	College of Idaho	10:11.70 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A 16	Johnson, Sarah	SR-4	College of Idaho	10:16.04 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A 20	Klopfenstein, Sora	SR-4	College of Idaho	10:21.04 #	NB Boise Indoor Invite	01/24/14	01/27/14

5000m (Men) NAIA A 15:05.12 NAIA B 15:19.00

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 3	Flores, DJ	JR-3	Eastern Oregon	14:39.20 #	UW Invitational	01/31/14	02/01/14
NAIA B 25	Alldrift, Eric	FR-1	Concordia (Ore.)	15:15.41 #	UW Husky Classic	02/14/14	02/15/14

5000m (Women) NAIA A 18:25.00 NAIA B 18:35.00

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 2	Klopfenstein, Sora	SR-4	College of Idaho	17:30.37 #	UW Husky Classic	02/14/14	02/15/14
NAIA A 16	Johnson, Sarah	SR-4	College of Idaho	18:04.21 #	UW Husky Classic	02/14/14	02/15/14

60H (Women) NAIA A 9:10 NAIA B 9:30

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 7	Hurd, Jasmine	SR-4	College of Idaho	8.90	Bronco Invite	02/08/14	02/09/14

4 x 400 Relay (Men) NAIA A 3:21.00 NAIA B 3:22.42

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 6	Concordia (Ore.)	3:20.33 #	UW Indoor Preview	01/18/14	01/19/14

4 x 400 Relay (Women) NAIA A 4:02.00 NAIA B 4:05.00

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 7	Eastern Oregon	3:58.95 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A 8	Southern Oregon	4:00.00 #	UW Husky Classic	02/14/14	02/15/14
NAIA A 16	College of Idaho	4:01.12 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14

Distance Medley (Men) NAIA A 10:23.50 NAIA B 10:26.00

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 1	Southern Oregon	9:55.62 #	UW Husky Classic	02/14/14	02/15/14

Distance Medley (Women) NAIA A 12:36.00 NAIA B 12:40.00

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A 1	College of Idaho	11:51.50 #	NB Boise Indoor Invite	01/24/14	01/27/14
NAIA A 8	Concordia (Ore.)	12:23.49 #	UW Invitational	01/31/14	02/01/14

High Jump (Men) NAIA A 2.05m NAIA B 2.01m

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A 1	Johnson, Anthony	FR-1	Evergreen St.	7'2.25"	2.19m	UW Invitational	01/31/14	02/01/14
NAIA A 3	Moore, Ethan	SR-4	Concordia (Ore.)	6'10.75"	2.10m	2013 Jacksons Open	12/13/13	12/14/13
NAIA A 8	Simpson, Travis	JR-3	Eastern Oregon	6'8.75"	2.05m	Bronco Invite	02/08/14	02/09/14
NAIA B 13	Basterrechea, Austin	SR-4	College of Idaho	6'7.5"	2.02m	Ed Jacoby Invite & Multi	01/31/14	02/02/14

High Jump (Women) NAIA A 1.64m NAIA B 1.62m

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A 13	McBride, Harley	FR-1	Eastern Oregon	5'5"	1.65m	NB Boise Indoor Invite	01/24/14	01/27/14
NAIA B 25	O'Dell, Deborah	SR-4	Warner Pacific	5'3.75"	1.62m	UW Indoor Open	02/16/14	02/17/14

Pole Vault (Women) NAIA A 3.48m NAIA B 3.43m

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A 1	Fagen, Talitha	SO-2	Eastern Oregon	12'1.5"	3.70m	Boise State Challenge	02/15/14	02/16/14

Triple Jump (Men) NAIA A 14.30m NAIA B 14.00m

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A 10	Moore, Ethan	SR-4	Concordia (Ore.)	47'4.25"	14.43m	UW Invitational	01/31/14	02/01/14
NAIA B 19	Simpson, Travis	JR-3	Eastern Oregon	46'0.5"	14.03m	Bronco Invite	02/08/14	02/09/14

Shot Put (Men) NAIA A 15.60m NAIA B 15.25m

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A 1	Moore, Darien	JR-3	Concordia (Ore.)	60'2"	18.34m	Boise State Challenge	02/15/14	02/16/14
NAIA A 4	Moses, Nate	SR-4	Concordia (Ore.)	55'9.75"	17.01m	UW Indoor Preview	01/18/14	01/19/14
NAIA A 16	Lake, Zach	JR-3	Concordia (Ore.)	52'3.25"	15.93m	UW Invitational	01/31/14	02/01/14



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2014 NAIA Indoor T&F Qualifiers (Continued)

Weight Throw (Men) NAIA A 17.60m NAIA B 16.50m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Moore, Darien	JR-3	Concordia (Ore.)	65'10.5"	20.08m	Boise State Challenge	02/15/14	02/16/14
NAIA A	7	Riddle, Adam	SR-4	Concordia (Ore.)	58'3"	17.75m	UW Invitational	01/31/14	02/01/14
NAIA B	12	Wickham, Brian	JR-3	Eastern Oregon	56'10"	17.32m	Ed Jacoby Invite & Multi	01/31/14	02/02/14

Indoor Pentathlon (Women) NAIA A 2700 NAIA B 2700

	RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED
NAIA A	9	Hurd, Jasmine	SR-4	College of Idaho	3132	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	42	Thomas, Tiana	SO-2	College of Idaho	2707	Ed Jacoby Invite & Multi	01/31/14	02/02/14

Heptathlon (Men) NAIA A 3750 NAIA B 3750

	RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED
NAIA A	2	Basterrechea, Austin	SR-4	College of Idaho	5231	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	4	Rosenau, Ryan	JR-3	Eastern Oregon	4817	Ed Jacoby Invite & Multi	01/31/14	02/02/14